Rocks the Main Stage at SF Gay Pride

Parade and Event Pictures see pages 12 & 13

Rainbow Chamber of Commerce see page 6

Equality California see page 11

Interview with Everett Quinton see page 15



STREET VENDOR REGISTRATION FORM

Please use this form to register for a Covered Booth or Street Space at the Rainbow Festival 2004 Street Fair. Indicate what you and/or your group will be doing. This will help us provide for your needs (electricity, water, etc.).

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INFORMATION

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Lambda Freedom Firework Stand

Dear Editor

Once again the Lambda Community Fund had a nicely run fundraiser on their hands and raised a bunch of money! The group showed everyone that you could have a simple fundraiser and take it up a notch in appearance and approachability. Bravo to the entire Lambda Family.

The Lambda Freedom Firework Stand was a smashing success according to the Lambda Community Fund Board President Bill Snyder. President Snyder would like to send his heartfelt thanks to the members of the GLBT community that came out to the stand at 16th and R and bought their fireworks in support of the Lambda Community Center.

Up for seven days from June 28th thru July 4th, the Lambda Freedom Firework Stand was staffed entirely by the board members of the Lambda Community Fund and the volunteers of the Lambda Community Center. A tremendous amount of loyalty and support was shown by these fabulous volunteers and board members and should be commended by our diverse society

As members of the GLBT community we excitedly look forward to the next fundraiser that the Lambda Community Fund undertakes. It is sure to be a blast!

> Jason R. Kirkland Sacramento

Thank You MGW!

Dear Editor.

Hello to everyone at Mom Guess What Newspaper! I would first like to mention as an active member in the community, I am deeply grateful for independent publications such as MGW for covering great, fun, events and issues which would otherwise go unnoticed. Thank you for all you have done for

> Vanessa A. Rodriguez Sacramento

MTV's "Faking The Video"

Dear Editor,

Hi there, my name is Doug Long and I'm a gay guy currently on MTV's reality show "Faking The Video". The problem is that only those with gay-dar know that I am gay! MTV doesn't mention me being gay and since I finally got my foot in the door, after taking forever, I thought that having the gay community know about me would help me out a lot. Since the show has not been promoted like crazy, it has not gotten a lot of buzz. I would be so grateful if I could have the gay community back me... oh that sounds dirty! Not to mention, I am not a bad looking guy. For those of you who are interested in checking the show out, log on to the site at www.mtv.com/onair/dyn/fakingvideo/series. Thank you for

Doug Long

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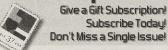
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July 15, 2004 ▼ Mom Guess What Newspaper ▼ 3



Call and Vote: Gov. Schwarzenegger's Marriage Poll!

Take this moment for a bit of cubicle activism and call in on Gov. Schwarzenneger's Marriage Poll today.

Please call: (916) 445-2841

On the phone tree, press in order:

Press # 5 for "Hot Issues"

Press # 1 for Same-Sex Marriage

Press # 1 to support marriage equality in California.

Target Helps Kick Off AIDS Walk

n July 30th, Target Stores, Grand Sponsor of the Sacramento Valley AIDS Walk will help get the word out about AIDS Walk registration. Beginning at 7am and ending at 1pm AIDS Walk representatives along with those from Target will set up a tent on the corner of Riverside and Broadway with the goal of getting people to sign up. T-shirts and other giveaways will be available for anyone signing up for the Walk. Target will present a \$10,000 check to AIDS Walk officials at 10 am.

Also available will be discounted **River Cats** tickets for the first AIDS Awareness day at Raley Field on August 15th entitled; "Step Up To The Plate Against AIDS". Tickets are \$9, \$11, \$15 of which \$3 of every ticket sold goes to the AIDS Walk general fund. In fact, Dinger is so excited that he will be at Target to help get the word out. The 4th Annual Walk will be held on Sunday, September 12th, at the State Capitol. Fifteen local organizations that serve the HIV/AIDS community have been selected to receive financial benefits from the 2004 Sacramento Valley AIDS Walk.

The Sacramento Valley AIDS Walk is a collaborative effort organized by representatives from the Center for AIDS Research, Education and Services (CARES), Breaking Barriers, AIDS Housing Alliance, The Center for Complementary Care, CommuniCare Health Centers, Sierra Foothills AIDS Foundation and the Capitol City AIDS Fund.

Additional sponsors for this event include AAA of Northern California, CGNIE, PacificCare, Kaiser Permanente and American River HealthPro Credit Union.

Info: 914-6214, or www.capcityaidsfund.org



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Davis Food Co-op Exhibits Local Murals

The Davis Food Co-op, located at 620 G Street in downtown Davis, is currently exhibiting two murals inside the store. Both murals were painted by local artists and depict natural portraits of Davis area landscapes. One mural is in place above the store produce area and the other above the store checkout lanes. The Davis Food Co-op commissioned the murals for long-term display. The Davis Food Co-op is a full line member-owned supermarket specializing in natural, organic and minimally processed foods. The Co-op is open to the general public to shop and join. Members pay the shelf price while non-members pay a 5% surcharge.

Info: (530) 758-2667



President Bush Continues War on Gay America

Background: At a campaign stop in Pennsylvania on Friday, July 9 and in his weekly radio address, President Bush again called upon Congress to pass the "Federal Marriage Amendment." The measure will be debated and voted upon by the U.S. Senate during the coming week. All sides expect the measure, which requires 67 votes to pass to be defeated. At the campaign stop the President said, "people need to take a deep breath and debate with the ultimate of respect," and in his radio address he added, "all of us have a duty to conduct this discussion with civility and decency toward one another." At the campaign stop he also said, "And I repeat to you -- my own view is, is that if a state -- if people decide to -- what they do in the privacy of their house, consenting adults should be able to do. This is America. It's a free society. But it doesn't mean we have to redefine traditional marriage."

of gay people are not the ones using disgusting and hateful rhetoric in this debate?

Concerned Women for America, Traditional Values
Coalition and their ilk — who have been doing that
for months on end. They all claim that extending
equal marriage rights to gay people will doom western
civilization, overturn bans on polygamy and bestiality,
and, in the words of the \$125 million behemoth Focus
on the Family, result in families with 'higher levels of
poverty, welfare dependency, child abuse, sexual abuse,
substance abuse, premature and promiscuous sexuality,
early unwed pregnancy, educational failure, juvenile
delinquency, adult criminality and suicide as well as lower
levels of physical and emotional health." Many of these
organizations are sponsoring a satellite simulcast to several
hundred churches titled "The Battle for Marriage." During
their last simulcast on May 23, viewers were told that if
the "battle for marriage is lost, your grandchildren will
grow up hearing the call to prayer from minarets."

Statement by Matt Foreman, Executive Director National Gay and Lesbian Task Force:

"Everyone acknowledges that the "Federal Marriage Amendment" does not have the votes to pass the U.S. Senate this week. Many others have pointed out that the only and obvious explanation for the President's push and the Senate vote - besides the GOP again bowing to the right wing fanatics who are now such an important part of its base - is to distract the nation from other seemingly more important national issues - like Iraq, jobs, health care, and terror - in the days leading up to the Democratic National Convention. Is using the fundamental rights of a minority for political gain deplorable? You bet. Is anyone surprised? Of course not.

A couple of issues seem to be missing in all of this. The first is the utter disingenuousness of the President's call that the debate around marriage equality for gay people be conducted with "civility and decency" and the "ultimate of respect. The President admits "that opinions are strong and emotions run deep." The facts are that even though our families and fundamental rights are at stake, gay people are not the ones using disgusting and hateful rhetoric in this debate. Rather, it is the President's close buddies on the religious right Focus on the Family, the Family Research Council,

The President and most candidates for office seem oblivious to the fact that there's no way for him to say gay people should not be afforded equal marriage rights without also meaning that gay people and our relationships are inherently inferior, subhuman. Yet, he asks that we discuss this civilly and with respect. And we do.

Finally, while we talk about rights, responsibilities, love, and commitment, the other side is literally fixated on gay sex. On Friday, the President said it

was OK with him for "consenting adults" to decide what they want to do in the privacy of their own homes, "but it doesn't mean we have to redefine traditional marriage." Mr. President, we all know that sex is involved whenever the term "consenting adults" comes up. But what does that have to do with marriage equality? Gay people aren't seeking equal marriage rights because we want to have sex (news flash: we've been doing that for a long time). Instead, we want them for all of the reasons straight people do. After all, we're human beings too. Whoops, I forgot that our opponents don't actually believe that."



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By Hilton Collins MGW Staff

ooking to rub elbows with local gay and lesbian business leaders? Then look no further than the Rainbow Chamber of Commerce, a Sacramento group where business-minded gays, lesbians—and their straight supporters—meet to network and share information. Everything from professional contacts to business cards to political news is swapped between members.

Meetings happen on the third Tuesday night of every month on 1819 J Street. People socialize, spread the word about business ventures, and listen to the occasional guest speaker. Assemblyman Mark Leno visited the night of April 20 when the Assembly Judiciary Committee approved the bill legalizing same-sex marriage in California.

"We had a big turnout for him," says Rick Corby,

Rainbow Chamber Treasurer and real estate professional with Chase Manhattan Mortgage Corporation. "We're hoping to have Heather Fargo come in August. We are a business group, but we also try to use the Chamber to enhance the awareness of issues that affect the gay and lesbian community in general."

Last year, the Rainbow Chamber raised almost \$5000 for AIDS Walk, and members of the organization include non-profit groups like CARES and Breaking Barriers. Since its inception, the Rainbow Chamber's mission statement has been expanded to include social as well as economic awareness. Yet even so, the primary agenda for most members is business, business, and more business.

"My mantra is to be seen, be known, and to network. I live by that" espouses **David** Larson, the Chamber's current president. "New members are joining every month, so you have time every month to network. In my book, that's quality time."

Larson, an insurance professional with Farmer's Insurance, has been president since 2002, and plans to become a commissioner of parks and recreation for the Roseville City Council. He's chatted up people like Mayor Fargo and Sacramento City Manager Bob Thomas through the Rainbow Chamber, and he feels that the organization can't go anywhere but up.

"This gives you an opportunity to truly become part of the GLBT community, he affirms. "The awareness of the organization has grown tremendously, both in terms of the business community and the political

Bill McJunkins founded the group in 2001 when he and some associates met in a back room at Club 21. Nowadays, McJunkins—who has relocated to Southern California—occupies a permanent seat on the Board

VICKI PFINGST

Rick Corby - Treasurer

MGW Photo/Greg Jaboin

of Directors as the founding member, and the Rainbow Chamber has grown from a relatively small band of individuals to over 100 members hailing from all over central Northern California. At any given meeting, people from Yuba City, Modesto, Vacaville, and everywhere in between may show up.

Rick Corby, who also sits on the Board of Directors, is proud of the diverse membership. "We have several real estate agents. We have retailers. We have bed and breakfast owners," he adds. "We have a grouping

for affiliate members that don't really have a business purpose to be there, but choose to support us."

Some of these affiliate members, for example, are teachers and state employees, but not necessarily business owners or independent agents. Anyone, in some capacity, can become affiliated with the Rainbow Chamber of Commerce.

Group members' businesses can be found in the Valley Rainbow Pages, where ads for their businesses are marked with a rainbow logo. Copies of the book are available at numerous places around Sacramento, including the Clarion Hotel Mansion Inn, the Lambda Community Center, and Faces, to name a

Membership grows mainly through word of mouth, but the Rainbow Chamber continues to grow larger and more visible. Guests are welcome to attend meetings where people like Corby and Larson will be more than happy to fill them in on the benefits of joining.

"The larger the membership, the stronger we are," says Corby. "We encourage anyone to come down to the meetings."

For more information, call 532-3347, or visit their website at www.rainbowchamber.com



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Lambda Letters Project, a statewide organization, uniquely offers Californians direct access to the legislative process in order to affect public policy in four areas of concern: GLBTI issues; HIV/AIDS issues; people of color issues, and women's issues. Lambda Letters Project provides you with sample letters and e-mails each month. You can sign and return these letters as is, or use them to create your own message. Lambda Letters Project has a Legislative Advocate who works full-time on behalf of the community.

We Must Win The Battle Of This Year!



his is an election year. In election years' legislators are always reluctant to vote for "controversial" bills. They fear the voters will vote them out of office if they do. This is also the first year, in several years, in which we have a Republican Governor. Both of these facts provide particular challenges to our community. In days like these we prove whether we have the guts and the power to demand our rights and get them. The Lambda Letters Project has become a powerful champion of justice for our community. But there is still much to accomplish. And, frankly, we need your renewed financial support to continue the battle.

The fate of AB 1967 is a clear example of the problem and of its solution. This was the bill to allow same sex couples to get married in California. The Assembly leadership said "This bill will go nowhere"! "It will die without even being voted on". They were afraid to face the voters after having voted on this bill. AB 1967 did eventually die. But first Lambda

Letters delivered over 15,000 letters and e-mails to the legislators in support of the bill. Then AB 1967 was heard in, and approved by, the Assembly Judiciary Committee. Imagine what we could have accomplished if we delivered over 500,000 letters in support of the bill. Mounting that kind of effort takes more money than we have now.

Lambda Letters delivered over one quartermillion letters and e-mails to elected officials last year. We are well on our way to delivering 300,000 this year. Those letters and messages are making a very real difference. But, as the example of AB 1967 shows, even that many letters and messages is not yet enough. We need to deliver even more.

Lambda Letters has the infrastructure capable of doing much more. What we need now is the financial support to pay for it. Please give now! Please give generously! Your rights depend on it!You may make a credit card donation at Lambda Letters' web site. To do that, please visit the following website and then just follow the on screen instructions.

Stay Informed!

here are several good bills still in play in the legislature. We need your financial support so that we can mount the kind of campaign that will assure they get passed by the legislature and signed by the Governor. Here are examples of just a few of the bills:

- AJR 60 urges Congress to pass legislation allowing US citizens to provide permanent legal US residency for their domestic partners from other countries.
- AJR 85 urges Congress NOT to amend the constitution to ban same sex marriage.
- AB 1918 would allow school employees to take paid time off to care for sick family members including domestic partners.
- AB 2208 would require insurance companies to provide the same discounts to domestic partners of insureds' as are offered to spouses of insureds'.
- AB 2889 would require employers to protect LGBTI employees, among others from harassment by customers
- AB 2900 would place bans against sexual orientation based, and gender identity based discrimination, in most of California's government codes.

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California Assembly Passes Same-Sex Immigration Resolution

Assembly Joint Resolution 60 has been passed by the California State Assembly. The resolution, in support of the federal Permanent Partners Immigration Act (PPIA, H.R. 832/S. 1510), and authored by Assemblywoman Sally Lieber (D-22), will now go to the California State Senate.

As the marriage movement gains steam, the Defense of Marriage Act remains a tremendous barrier for couples because immigration law is under federal jurisdiction. Passage of the PPIA would grant these couples the only federal benefit that allows them to just remain together. For many, waiting for a legal challenge to current federal law is not the solution, and this is why this action by the California Assembly is so significant.

The PPIA would add the words or permanent partner every time the word spouse appears in immigration law. Permanent partners would face the same stringent requirements faced by heterosexual spouses. In addition, the PPIA defines a permanent partner as an individual over 18 years of age who is:

- In a committed, intimate relationship with another adult 18 or older in which both parties intend a lifelong commitment;
- Financially interdependent with that other person:
- Not married to, or in a permanent partnership with, anyone other than that other person; and
- Unable to contract with that person a marriage recognizable under the Immigration and Nationality Act, and
- Not a blood relative of the sponsoring partner.

The resolution now moves to the State Senate, where it is likely to be heard in committee before it goes to the Senate floor for a vote. If approved, it will then be sent to the President's office, as well as to the leadership both houses of Congress and to the California congressional delegation, and will be the strongest stand any state has ever taken on this issue



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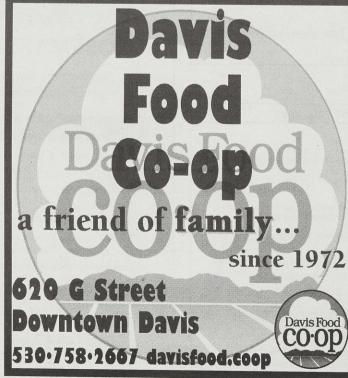
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Stonewall Democrats Condemn Republican National Committee

ational Stonewall Democrats condemned the Republican National Committee for immediately issuing an anti-gay screed against Senator John Edwards shortly after he was selected as John Kerry's running mate. The piece, titled "Who is John Edwards?" was sent to reporters only minutes after Kerry publicly announced his decision in Pittsburgh. Claiming that John Edwards "doesn't share the priorities of American families," the 23-page attack document raged against Senator Edwards for his support for employment protections, equitable hate crimes enforcement and state-issued civil unions for same-sex couples.

((Who is John Edwards?))

"Republicans insist on running a negative campaign that is dripping in pessimism and that is barren of vision," said **Dave Noble**, NSD Executive Director. "It is time for our community to hold the Republican National Committee accountable for its continuous attacks on our families."

Info: www.stonewalldemocrats.org/whogop







The LimeLight Bar and Café

By Katrina Torres MGW Staff

ead Chef John Cavanaugh has got it going on. I popped in for a quick lunch one day and ended up going back 3 times in one week. The comfortable, somehow familiar Irish Pub atmosphere, the delicious food and the gracious service will have me sending my friends there, and definitely going back myself.

The Limelight offers a diverse menu, with everything from the signature Limelight Burger (8.00), a half-pounder served with caramelized onions, to the signature Pale Ale Fish and Chips (8.50), and the popular Chicken Marsala (10.50). They serve several pastas (that looked delicious), a good assortment of gourmet hot sandwiches and a Daily Salmon Special, at market price. Also offered were some yummy salads, a homemade dessert of the day and handmade pizzas. You can even design your own pizza starting at \$8.00.

My first culinary experience at the **Limelight** was a lunchtime bowl of a thick and hardy clam chowder, with plenty of chunks of potatoes and carrots and more clams than I've ever seen in a bowl of chowder (3.75). Bringing a companion in the next day, we found ourselves enjoying the Garlic Fries, the Fried Zucchini, and the Hot Wings as we imbibed in a couple of lemony Long Island Iced Teas at the full bar. Both were excellent. The very generous serving of Garlic Fries (5.50) were hand cut with the skins on, liberally sprinkled with chopped, sautéed fresh garlic and grated Asiago cheese, and served with Limelight's Chipotle Sour Cream and a creamy Blue Cheese Dressing drizzled with chili oil.

The Hot Wings (7.50) have turned me into a repeat offender. For you Frank's Hot Sauce lovers, you will really like this one. They came with crisp, thinly cut celery and fresh, fancy hand-cut carrots for dipping into the



obviously homemade and fabulous Ranch dressing. The Zucchini was probably the best I've tasted, fat and crisp, but not greasy; with the flavor of the zucchini deliciously accented by more of that wonderful homemade ranch dressing.

For dinner, I ended up having a variation of the popular Limelight Steak (11.00 and 14.00). Chris, our charming server, recommended the Wine Merchant Steak, a tender New York steak cooked rare and smothered

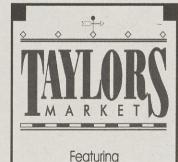
mushrooms

cooked in a flavorful sauce of butter, garlic, red wine and Dijon mustard. The steak was perfectly prepared by culinary artist Niko Leissel, brought in by Chef John Cavanaugh, who obviously recognizes talent when he sees it. Ask for the Wine Merchant Steak by name, it's not on the menu.

My companion enjoyed a Grilled Chicken Sourdough Sandwich (8.50). The generous chicken breast came on grilled sourdough bread, with tomatoes, onions, bacon, Monterey Jack cheese, and pepperoncini and pickles on the side. We finished up by splitting the dessert of the day, a beautifully plated homemade melt-in-your-mouth Blueberry Cheesecake. While the portion was a little skimpy, it was so rich and delicious that it was enough to satisfy both of us.

The Limelight Bar and Café serves delicious food Mon-Fri, 11:30-10 pm, and Sat. 9am-10 pm, and Sun. 9am till about 2:30 pm, and enjoys a reputation for serving excellent breakfasts and brunch on weekends. The bar stays open till 2 am, and while they don't serve food Sunday after 2:30, they will let you bring in munchies from the fast food places next door. There is a card room in back, a shaded, enclosed outside dining area, a couple of pool tables, and lots of TV's for you sports fans. See you there!

The Limelight is located at Alhambra and J Streets, and you can reach them at the cafe (916) 325-1655 or the bar (916) 446-2236



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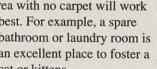
Foster care volunteers provide temporary care for kittens, puppies, dogs and cats. Some animals may only need a home for several days, while others may need several months of care. By offering your time, energy, and home to an animal in need, you prepare an animal for adoption into a permanent home as well as prevent overcrowding in our shelter. The Sacramento SPCA is always looking for foster families to help save more animal lives.

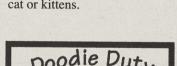
Support and Resources to Help You

The Sacramento SPCA is there to help insure your success in being a foster parent. They offer training, supplies, and help from our fully trained staff is just a phone call away. Foster candidates are carefully matched with foster homes according to the candidate's special needs and the foster parent's abilities. Whether you work full time or you are often at home, there may be a foster placement appropriate

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> best. For example, a spare bathroom or laundry room is an excellent place to foster a cat or kittens.





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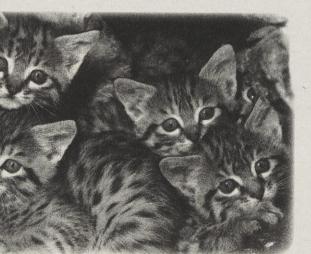
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Attend a Foster Parent Training Session. After receiving your application, a staff member will contact you to schedule a Foster Training Session. It is recommend that you also attend a New Volunteer Orientation. This is an excellent way to check out other volunteer opportunities at the Sacramento SPCA.

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The Fight For Equal Rights

By Hilton Collins MGW Staff

The fight for equal rights is an ongoing struggle, especially for lesbian, gay, bisexual, and transgendered (LGBT) Americans.

Thankfully, Californians have Equality California—the state's largest LGBT civil rights organization—to aid in the struggle. Equality California, otherwise known as EQCA, was founded in 1998 under the name California Alliance for Pride and Equality, but has since grown into the formidable campaigning force it is today. Its mission is to achieve equality and tolerance for Californians who face discrimination because of their sexual orientation.

"The most important thing we do is our legislative activities," says **Steve Hansen**, a busy lobbyist who works out of Sacramento as the organization's Legislative Advocate. "We do a lot of education, community building, plus helping gay and lesbian organizations and allies work together."

Developing legislation that ensures equal rights is no simple task. Every year, EQCA assembles a package of bills, and people like Hansen guide them to becoming law, jumping bureaucratic hurdles and maneuvering miles of red tape along the way. He manages media, legislative, and public education affairs from a modest office downtown.

"Our San Francisco office is much, much bigger," asserts Hansen, a tall, slick young man who's up to his collar in duties from day-to-day. His office practically sits across the street from the state Capitol, one of many places where he does business. "My one goal is to make sure that the bills we sponsor get passed and they're signed. We're sponsoring six pieces of legislation this year."

And how. The bills are practically a holy grail of civil rights protections, and assemblymen approved all six on June 23. The legislation includes the Omnibus Hate Crimes Act, which changes policies relating to the treatment of the victims of hate crimes; the California Insurance Equality Act, which prevents insurance providers from discriminating against registered domestic partners; the Marriage License Non-Discrimination Act, which prohibits government officials from discriminating against same-se couple who want marriage licenses; and the Resolution Opposing Discriminatory Federal Marriage Amendment, which makes official California's opposition to any Constitutional amendment prohibiting the marriages of same-sex couples.

Same sex marriage is a contentious issue in the United States, but EQCA works with community groups to advocate acceptance. **Bob Brodie**, executive director of the Lambda Community Center, has teamed up with the organization to persuade the city council to come to a resolution against a federal ban against gay marriage. "We've had meetings with several of the council members," explains Brodie. "The real intent of that [is] sending the word out that not only are individuals against [a federal amendment], but the government and different city locales are against it as well."

Brodie and company have been meeting and corresponding with individual council members since May, hoping to find out exactly

where the local government stands on the issue. They plan to speak before the entire

council sometime in the future.

In order for EQCA supported bills to become law, politicians must sign them, so the organization's other priority is to keep sympathetic government officials in office.

'We want to make sure that the people who do support equal rights maintain their seats in the legislature," adds Hansen. "When we have an opportunity to elect someone who does support [same-sex] marriage and everything else, that we do whatever we can to help that person get into the

legislature.'

Keeping assemblymen in office takes votes, which is where the general public comes in. Equality California's website, www.eqca.org, is a public information center designed to inform people and get them into the polls. Visitors can find out about local politicians, bills, and news worthy items regarding equal rights. For more direct action, they can become EQCA members or make donations to the organization. A link to The Secretary of State's website provides visitors with the

opportunity to register to vote. Unfortunately, getting people to exercise their voting power isn't always easy.

Sacramento Lobbvist Steve Hansen

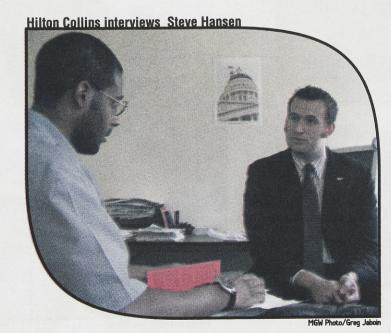
"Most people who are eligible to vote, if they're registered, still don't vote," Hansen laments. "It's a huge problem. If the people aren't participating, whose voice is being heard? The more people that vote, the more our country moves the way it should move."

EQCA has the California Voter Project, which works with local organizations to register and identify voters. Its purpose is to locate people who support equality and inform them of what's going on politically. These citizens would hopefully support legislation that protects LGBT civil rights. The power lies in the ballot, so voting is key.

"I think it's a personal thing if you feel you have a role to play and a vested interest. A lot of people just don't know why it's important for them to participate."

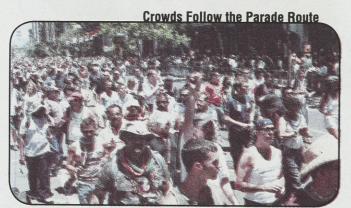
There are many ways to participate with Equality California, communicate with its employees and affiliated groups, and learn about their

For more information, check out www.eqca.org or call the Sacramento branch at (916) 554-7681

























Parade and Fair MGW Photos/Jeffry Davis, Chris Horrell, Greg Jaboin, Peter





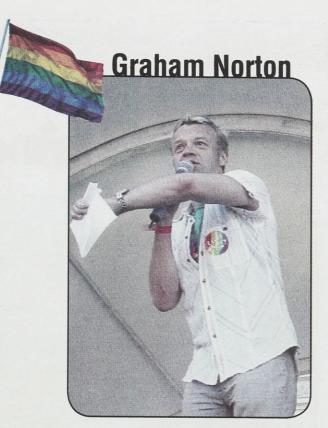
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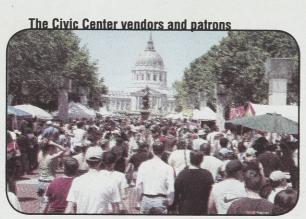


forrell, Greg Jaboin, Peter James - Pink Saturday MGW Photos/Andy Cook



Miss Millie (Fresno)





















Just One Of Those Things

By Stefan Gruenwedel MGW Staff

To Cole Porter, "anything goes" and "let's misbehave" were not just famous songs he penned but rules to live by. Musically gifted, highly educated, and socially registered, Cole lived a life of apparently unbridled passions, both for music and men.

De-Lovely

Starring Kevin Klein, Ashley Judd, Jonathan Pryce. Directed by Irwin Winkler. (Rated PG-13, 121 min.) Irwin Winkler's De-Lovely is a charming and interesting portrayal of Cole's life from the time he met his future wife, Linda, in 1919 to his dying days 45 years later. As Cole, Kevin Klein nearly disappears into the role, especially as the elder self. Ashley Judd plays the long-suffering but ultimately supportive Linda with verve and maturity. Both actors deserve recognition come Oscar time.

Given that Cole's life embodied so much showmanship, from his prodigious songwriting for stage and screen to his lavish lifestyle in New York, Paris, and Hollywood, it's fitting that De-Lovely unveils the artist's life as a stage show for himself so he can watch the events that composed his life. Guiding his way is Gabriel (Jonathan Pryce), presumably the angel variety, who visits the aged Cole at his piano and helps him understand and appreciate the various people who enriched his life artistically, professionally, and emotionally.

De-Lovely is not a standard biopic; it's a love

Cole Porter (Kevin Kline) and Russian ballet star Boris Kochno (Edward Baker-Duly) in MGM Pictures, musical drama DE-LOVELY.



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Ashley Judd and Kevin Kline star as legendary couple Linda and Cole Porter in MGM Pictures, musical film DE-LOVELY.

story. Instead of depicting his pampered upbringing, including his fruitful years at Yale (in more ways than one) or the role of his influential, controlling family—the wealthiest in Indiana where he grew up—this film centers around Cole's relationship with Linda.

By all accounts, it was a match made in society heaven. But this marriage of convenience was one from the heart—even if sexual passion did not spring out of it. For sex, Cole had his sights clearly set on men; for intellectual companionship and positive influences on his career, he relied on his wife, who ventured into this situation willingly: "Let's just say you like them more than I do," she says at one point, when he comes out to her about his fondness for men.

To a certain extent, De-Lovely has a lot to contend with: Cole's indiscreet homosexuality, his sincere relationship with his wife, and his incredible career writing so many fabulous songs. With only two hours to tell its story, the film necessarily brushes broadly over some areas of Cole's large life, while focusing on certain details elsewhere. Interesting episodes are naturally glossed over, or omitted entirely, but that does not detract from enjoying the film.

At least there's one scene where Cole kisses a man in bed. It's not much to go on but it'll have to do.

Stylistically there's lots to like about De-Lovely. To liven up the musical numbers, popular artists of today sing some of Cole's most famous numbers.

Robbie Williams expertly sings "It's De-Lovely" when Cole and Linda get married. Diana Krall coolly sighs "Just One of Those Things' during a Hollywood party. Elvis Costello's wacky "Let's Misbehave" adds zest to a masked ball. Other performers appear on stage in some of Cole's famous musicals, such as Sheryl Crow singing "Begin the Beguine" in the 1935 show "Jubilee." Depending on your tastes, some of these artists may grate-as Alanis Morissette

does when she belts out "Let's Do It, Let's Fall in Love." By contrast, **Natalie Cole**'s "Every Time You Say Goodbye" is much classier.

Cinematically the best of these interludes is "Love for Sale," sung by Vivian Green. Transcending mere musical number, it accompanies shots of Cole repeatedly visiting a gay bar, where money changes hands and young lads follow him to darkened rooms upstairs. This visually arresting sequence provides a telling commentary on the artist's life.

Despite the considerable misfortune that befalls Cole later in middle age, De-Lovely does not end on a bittersweet note. Gabriel makes sure of that. De-Lovely explores a complicated relationship between two unique personalities and suggests that unconditional love can withstand the pressures that individuals place on it, as long as they know what they want to get out of it.

De-Lovely opens July 23 at the Crest Theatre. Info: www.delovelymovie.com

Entertainment

Interview With Everett Quinton

ife can be funny sometimes. Just ask Everett Quinton, a ■ multi-talented thespian who's made a name for himself on the stage and behind the scenes. He's a comedian who uses his body and his timing to thrill audiences, but don't be fooled, this is a man who means business, and he has the resume to back it up. Not only has he acted in dozens of productions, but he also served as the artistic director for The Ridiculous Theatrical Company for ten years. Currently, he has role in Steve Martin's Underpants, a comical show that opened on June 19 and runs through July 18 at the San Jose Repertory Theatre. After that, he'll be off to direct The Importance of Being Earnest this fall at the Arena Stage in Washington, D. C. Mr. Quinton was gracious enough to chat with MGW about his life and the whimsical world of

Hilton Collins: What's the hardest thing about being an actor?

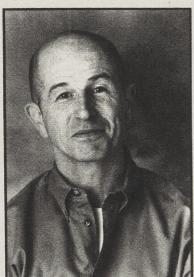
Everett Quinton: It's my belief in myself. Clinging to that. Because it's hard work and there's a lot of rejection. What I realized as I got older is that there's a lot of talented people and talented competition. And it's being willing to compete fairly and with a certain kind of humility.

HC: I guess it teaches you humility when you get rejected.

EQ: Yeah, and it teaches humility too when you get the role. I remember once, I was with someone and I was in a play and we were talking about how we had the right to be here because we deserved to be here. And that is true, but so does the competition, and you have to count yourself grateful every time

HC: Do you see yourself as more of a comedic actor or a dramatic one?

EQ: Well I've not done much dramatic stuff. I came up in the Ridiculous Theatrical Company in New York and we took dramatic themes and desentimentalized them and made comedies out of them. So in that sense I'd done a lot of drama, but I am a comedian. I'm very happy with who I am. I like what I do, on a good day. And then there are those days when your self-esteem isn't up (Laughs). I'm just kind of glad that what's happened to me has happened



EVERETT QUINTON

HC: You prefer comedy, then?

EQ: I prefer working (Laughs). I did a drama called Splendid by Jean Genet, and [I was] invited to be in it, and that was heaven. It was melodrama and fun to do. I like

HC: Do you ever get stage fright?

EQ: There are the days, but when I was younger, I would be petrified. When you're young, you have your nerves and your guts and some degree of talent and very little experience. Stage fright for me is not much afraid [of going] onstage. It dawned on me once that I wasn't afraid of going on stage, I was afraid that I wouldn't have the stamina to

carry me through the evening on 100% from top to bottom. When I realized that was what frightened me, that's when I had a different take on it. You just think, "You'll have the energy. Just don't worry about it. And if your energy starts to flag, just pick it up."

HC: What feelings do you have when you're in front of all those

EQ: It's a self-esteem thing. If you're relying on the audience to bolster you, if you don't get what you think you want from them, then the fear sets in. So it's a question of knowing that you know the play.

HC: What character do you play in Underpants?

EQ: Benjamin Cohen, this poor sap who's trapped in an oppressive world, and he's doing his best to stay afloat under the surface. He's a Jew in early twentieth century Germany, and he's forced to lie about who he is. At the end, he stops lying about it, but throughout, he's a captive of his circumstances.

HC: You've done some film work.

EQ: I was in Natural Born Killers and Pollock. I was in this thing called Deadly Illusions with Billy Dee Williams where I played a bank clerk. He told me I was a good

actor. That's one of the highlights of my life. When Billy Dee Williams told me I was good, [I thought], "Oh baby, you don't know how good." (Laughs heartily)

HC: Is there a difference between acting on stage and acting in front of a camera?

EQ: I don't think so. For me, I have more experience on stage. I have a lot more relaxation on stage than I do on in front of the camera I don't have much experience with film, but I would like to develop that. The obvious difference is, on the stage, it's like a roller coaster. You don't get off 'til it's over, whereas film, it's segmented and it could be shot out of sequence, but you're still bound by the rules of acting.

HC: What are some of the memories that stand out in your work with The Ridiculous Theatrical Company?

EQ: I have a lot of memories—a lot of good ones, a lot of sad ones. Georg Osterman decided he had been in the role of Nichette Fondue in Camille too long and then he left the role and I got it and went to Toronto to do it. I got my first good review. That stands out. I got a whole sentence all to myself, and it was good, and that was fun. There were so many great moments getting to work with pretty fabulous people

in that company—pretty amazing performers and designers. I feel like I'm a real part of a certain Fin de Siecle movement-it means "end of the century" in French. It was this thriving, very alive time in the American theater where the theater world was being shaken up. It was a more honest time; people stopped beating around the bush. Suddenly, you had real queers saying real things about being a queer. I don't want to minimize what the heteros had to give, but it [wasn't] just a gay theater. Charles Ludlam was our founder and principal writer and director. Because there was such a very loud gay voice, it was mistaken for gay theater. People would ask Charles if it was a gay theater, and he would, "No. I don't want to do to theater what people do to queers in the world." He didn't want to pigeonhole us into one thing. He wanted it to be a part of the whole life. It was theater for all people, but it did have

"Quinton' continued on page 23



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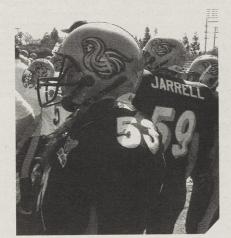


Sports

Sirens Battle New York For IWFL Championship



n a warm Saturday evening, the Sacramento Sirens defeated the Corvallis Pride to advance to the IWFL Finals for the second year in a row. The Sirens will face the New York Sharks at Natomas High School at 7:00 p.m. on Saturday, July 24th. Please contact the Sirens ownership if you are interested in purchasing a promotional booth for your business or organization at the game.



Kings Sign 2004 Draft Picks

The Sacramento Kings announced that the club has signed their 2004 NBA Draft picks **Kevin Martin** of Western Carolina (first round, 26th overall) and Morehead State's **Ricky Minard** (second round, 48th overall) to contracts. Per team policy, terms of the deals were not disclosed.

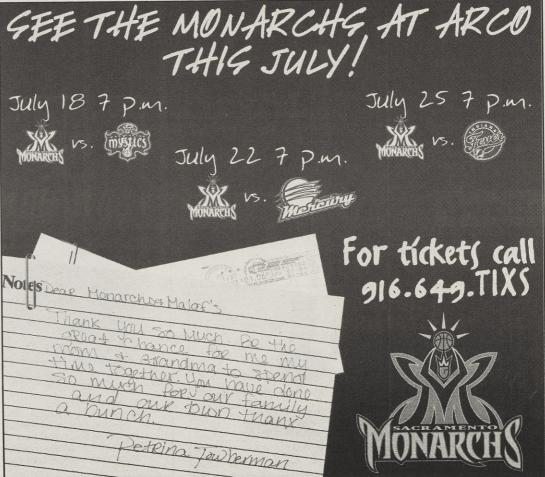
Martin, a 6-7, 185-pound guard, averaged a career-best 24.9 points a game (2nd in the nation) for the Catamounts. An early entry candidate, Martin completed his junior season finishing fourth on Western Carolina's all-time scoring list and is the school's all-time leading scorer since it moved to NCAA Division I in 1976-77. He finished in the top 15 in scoring in the nation in each season. Martin averaged 23.3 points, 4.5 rebounds, 1.7 assists, and 1.70 steals a game in 79 career games spanning three seasons with Western Carolina.

Minard, 6-4, 200-pound senior finished his career as Morehead State's all-time leading scorer with 2,381 points. He ranks second on the school's all-time assists list and 11th on MSU's all-time rebound list. As a senior, Minard led the Ohio Valley Conference with a 21.8 ppg while averaging 7.3 rebounds, 5.1 assists, and 2.07 steals a game in 29 appearances for the Eagles in 2003-04. He was named Ohio Valley Conference Player of the Year after posting 22.5 ppg, 6.2 rpg, and 4.0 apg in 29 games as a junior (2002-03).



Sirens Season Ticketholders: Purchase your playoff tickets online today or from your favorite Sirens player! Season Ticketholders will receive VIP seating and free parking for the Western Conference Finals.







Study Promises New Therapy Direction...

After years of failed attempts to target the HIV enzyme integrase, an experimental Merck drug appears to inhibit the progress of integrase in monkeys, especially when given very early after infection. This, say experts, is a hopeful step in the fight to block HIV's reproduction and spread in humans, even as they acknowledge that more testing of the integrase inhibitor would be required to prove that Merck's approach can truly work.

"I don't want (people) to think I'm doing cartwheels over this," said Dr. Anthony Fauci, head of the National Institute of Allergy and Infectious Diseases,

Antiony Fauct, head of the National institute of Allei gy and micetous Diseases, but "this is the next step in the process that the field, myself included, has been looking for, for some time now. It's a very important target."

An integrase inhibitor would open up a potential third front in fighting HIV. Numerous older drugs work by blocking two of the three enzymes -- reverse transcriptase and protease -- that HIV uses to incorporate its genes into cells and spread. In a second, newer approach, Fuzeon works by preventing the virus from invading immune-system cells, but has some unpleasant side effects and requirements that presently hamper its wide use. Integrase, the third enzyme used by the virus to spread, is crucial to the melding of HIV genes with the DNA of people with the infection

That step is vital to HIV's ability to hide inside cells so it can rebound, said Dr. Fauci, but years of research have thus far found it extremely difficult to find a way to block this process.

In the current study, six monkeys newly infected with a combination monkey/ human version of HIV received the Merck experimental drug. All experienced mild decreases in CD4 cells, but four had their HIV viral levels drop to undetectable levels, said the researchers. The CD4 levels in six untreated control monkeys plummeted and their viral levels jumped. When treated with the experimental drug three months later, the ill monkeys all improved somewhat, but not nearly to the level of the newly infected monkeys.

Merck has begun studying integrase inhibitor pills in a few people to assess their safety and check for early signs of viral suppression. Results due next year will determine whether larger human trials should be performed on the drug candidates. Positive results with a drug that works best when begun soon after infection will emphasize the need for people to be tested often and be aware of

Malnourished Women May Benefit From Stepped-up Vitamin Intake...

An eight-year study has found that a daily vitamin pill can delay the progress of AIDS in malnourished HIV-infected women in Africa or Asia who do not have access to HIV meds. The vitamins are a cheap, safe way to gain extra months of life and make them feel better, says the study. The Harvard School of Public Health and Tanzania's university medical school conducted the study, which followed nearly 1100 women between 1995 and 2003. The women, recruited when they

were pregnant, had no access to HIV drugs.

The study concluded that vitamins costing less than \$15 a year might prolong the lives of people waiting for HIV meds by enhancing the body's immune system so it can better fight HIV. The specific pills used in the study contained about three times the recommended daily allowance of vitamin E, and six to ten times the recommended allowance of C and B-complex vitamins. The researchers found that vitamin A increased the risk of mother-to-child transmission, so it was

dropped from the supplements.

Thirty percent fewer of the women in the study taking the vitamins died or progressed to AIDS than the group taking a placebo. CD4 cell counts stayed somewhat higher in the group taking vitamins. That group had fewer incidents of thrush, throat ulcers, inflamed gums, nausea, rashes, fatigue or other debilitating side effects. Nevertheless, about one-fourth of the women taking vitamins died or progressed to AIDS during the study.

Responding to early evidence that the increased vitamins prevented premature births and fetal deaths, all study subjects were put on multi-vitamins until delivery,

births and fetal deaths, all study subjects were put on multi-vitamins until delivery, after which the mothers resumed their previous regimens.

The use of supplements could be in addition to regular dosages of the anti-biotic Bactrim, which costs about \$8 a year in generic form. The World Health Organization recommended this stop-gap treatment in 2000 for those not on HIV meds because it wards off secondary infections, which are often fatal. Unfortunately, because of the cost and the disorganization of African healthcare systems, this recommendation has not been widely adopted.

NOTE: References to increased vitamin intake and dosages of Bactrim are

NOTE: References to increased vitamin intake and dosages of Bactrim are for those without access to HIV and AIDS meds only. People in this country are not to make any changes or additions to the drugs they take, especially if they are taking HIV meds, without a thorough discussion of the concept with their HIV-knowledgeable physician. This includes over-the-counter medications, pain relievers, cough suppressants, and health-food supplements, as many do not mix correctly with HIV meds in the body.

Indonesia Upholds Condom Distribution To Military...

Military officers received a box of condoms and information on HIV and AIDS after they completed a two-week course on preventing STDs through peer leadership in preventing STDs. "I can't blame those who may think that distributing condoms for soldiers will encourage them to have sex out of wedlock," said one military Rear Marshall, but soldiers need condoms -- "especially when they are joining a military operation far from home." The country's Defense Ministry has also asked the national family planning board to install condom vending machines in places accessible to soldiers deployed on missions.

AIDS Orphans Survive On The Streets...

As many as 300,000 children will become AIDS orphans in Cambodia this year, says the UN AIDS agency, forced to live lives of begging, odd jobs, stealing, involvement in organized crime, drug addiction and sexual exploitation. Even when they're treated well by relatives, says one Cambodian HIV-prevention agency, they face so much emotional trauma that they sometimes run away to join the ranks of the homeless.

The percent of Cambodia's orphans that could be attributed to AIDS rose from I percent in 1995 to nearly II percent in 2001, and is expected to reach nearly 21 percent by next year, estimates the UC-San Francisco AIDS research center. "Given years of genocide, civil war, and famine," they say, "the ability of Cambodian families to cope with AIDS orphans is severely strained."

Glaxo Grants Second African Generic License...

Pharmaceutical giant GlaxoSmithKline has licensed a second South African company to produce generic versions of its anti-retroviral AIDS drugs for sale in sub-Saharan Africa. Under the agreement, Thembalami Pharmaceuticals joins South Africa's Aspen PharmaCare in producing Glaxo's HIV drugs, including AZT and lamivudine (3TC). Earlier this year, Thembalami received preliminary approval to manufacture and market a generic version of Merck's efavirenz (Sustiva). In addition, Glaxo announced that Shire Pharmaceuticals, which holds the master license ment with them, has agreed to reduce or waive it rights to royalties from Glaxo products containing lamivudine.

Alaska Keeps High STD Rates...

For the third year in a row, Alaska's rate of chlamydia infection is the highest in the United States -- reporting 606 cases per 100,000 people in 2003, up from 591 in 2002, and 437 in 2001. A state HIV/STD program official said the increase is not surprising -- partly because the state has been looking harder for cases, and partly

because testing is now easier.

The state currently runs tests that use a urine sample rather than a swab. More than two-thirds of chlamydia cases in the state are female. Alaska had an II percent decrease in gonorrhea cases in 2003, which puts it in the middle among

The state's rates of chlamydia and gonorrhea were highest among young people. Alaska Natives and American Indians account for only 18 percent of the state's population but 46 percent of chlamydia cases and 52 percent of gonorrhea

New Infections Hit Record High Last Year...

The number of people living with the AIDS virus has risen in every region of the world, says a recent report from the United Nations. Last year, 5 million people became infected --more than in any year since the crisis began. Nine out of 10 who urgently need treatment are still not getting it, and prevention is still reaching only one in five people who should have it, the report says. New epidemics seem to be spreading unchecked in Eastern Europe and Asia, and the agency

estimates that about 38 million people worldwide are infected.

The cost estimates have also increased -- partly because of the price of delaying action over the years, and partly because current planned efforts to combat the problem are now more comprehensive than ever. In addition, protecting health care workers is more expensive, and the cost of taking care of orphans was "grossly underestimated," says a UN official. It's estimated it will now cost about

"grossly underestimated," says a UN official. It's estimated it will now cost about \$12 billion a year to respond to the world's AIDS crisis.

On the positive side, many countries, including Brazil, Uganda and Thailand, have reduced their new-infection rates, drug prices have dropped dramatically, money is beginning to flow in for the global effort, more political leaders are committing to the fight, and drugs are becoming increasingly available in poor countries.

In this country, people with HIV disease now number about 950,000. Of the recent infections in the past few years, 50 percent are among African Americans.

Warnings On Viagra Use...

Men who take HIV medication can occasionally experience impotence, and many are taking erectile dysfunction drugs -- sometimes, however, without a prescription. Certain protease inhibitors can significantly increase serum concentrations of Viagra, which can lead to visual problems, headache, fainting, or unsafe Prolonged erection, so your physician's input is essential.

Experts also warn about the extreme danger of taking erectile dysfunction

drugs with other substances, such as inhaling nitrate poppers which can lower blood pressure to hazardous levels and have caused death.

blood pressure to hazardous levels and have caused death. In addition, an increasing number of young men who do not have erectile dysfunction and do not have HIV are using Viagra as a party drug, according to health and law-enforcement officials. Without a prescription, they're often stealing the drugs from their parents or ordering them online.

Statistics from a recent study shows that Viagra users were nearly 7 times more likely to have had insertive anal sex without a condom. In addition, gay men who use crystal meth and Viagra together are 6 times more likely than non-users to contract syphilis and other STDs.

And the practice of mixing drugs is growing, says a recent San Francisco study of people using the city's STD clinics. The study found that gay and bisexual men were four times more likely than straight men to use Viagra and this use is heavily associated with crystal methamphetamine and other illegal drugs such as heavily associated with crystal methamphetamine and other illegal drugs such as Ecstasy, cocaine and ketamine

July 1985:

Leon Mouton • Clyde Phelps

July 1987:

Al Adami July 1988:

Jose Perez • Edward Spreter Michael Mattos

July 1989:

Greg Lynn • Gary Kramp Robert S. . Don Wright

Kent Jay ("KJ") Vasco • Patrick Noe

Milton Meadows • Duane Travis July 1990:

David Toothaker • Eddie Nones Scott E. Smith

July 1991:

Steve Koppes • Robert Hatton

Michael Queen

July 1992: Kerry Sutton • Spencer Clark Fields

Chuck Novak • Pierre Nadeau **David Jones**

July 1993:

Todd Cronkhite • Rev. Larry Dunlap Christopher Caldwell • Raul Resendez

Sean C. L. McGill • Robert Price Stanley Speakman • Kenneth Johnson

Bobby Harris • Phillip James Reed

July 1994:

Glenn Cooper • Tom DesRosier Rob Auman ● Rob Gill ● Dick Congdon

Dale Parker • Dwight Bowes

Ron Bentley • Jim Gearheart

Brett Boulden . Terri H. Eric Michael Moore • James Patterson

Gill Forman • Manzel Johnson

July 1995:

Phillip R. • Kimberly Shampine John Mark Vincent • Michel Bondieu **Eugene Harris**

July 1996:

Ricky Rea • Chris Keefe • Michael S. Corey E. • Mark J. • Diane Hayes

Bill Gregory July 1997:

David Helmsley • David "Steve" Coulam

July 1998: Steven Goebel • John "La Kish" Darling

July 1999:

Darrel "Buzz" Garette

July 2001:

Larry Duane Oaks July 2003:

Jonathon Boyer • Michael Benbrook Margaret Alton • Ken DeVault

In Loving Memory of friends lost last month June 2004:

Theo Marefos

As long as you are remembered, you live!

To add the names of loved ones to MGW's remembrance column, call 737-0309.

For info about creating a NAMES Project AIDS memorial panel, call 484-5646.

Coaching Isn't Just For Sports

perspectives

are taught

and shared

community.

perceptions

of us, and

negativity

must find

is endured,

therefore we

ways to work

through all

toward the gay

Self doubt, self

hatred, other's

By Terry Dyer MGW Staff

rack and field, basketball, football, tennis, and many other sports all have the typical coaching techniques. Whether it is the hard hitting in your face yelling tactics, most techniques appear to work for various athletes. However, I have stumbled upon a different kind of coaching. This coaching is not your typical style and it is also not in sports. Coaching of this realm deals more with empowering oneself and finding out a true purpose. This style taps into things such as: finding clarity, self-awareness, accepting a person's own truth, self growth, and much more. Life Coaching attempts to empower the world, one person at a time by bridging

the gap to real change!

David W. Ford **Empowerment Coaching** is a life coach service that helps discover the thoughts within a person, acknowledge those thoughts, accept them, and live a positive healthy lifestyle. This coaching does not serve as therapy, consulting, or being a confidant. This is also not a religious technique. By seeing a life coach, a person

is given the opportunity to get in touch with their spiritual life as well. This aspect can be also discussed and pulled into everyday life. David W. Ford helps to instill ideologies of getting away from self doubt, honoring a person's own truths (thus

giving up on others' truths of you), standing empowered with own self (not needing to prove anything to anyone), and so much more. Philosophies are also discussed such as: an empowered person accepts responsibility for their own choices and by doing so, the can make other choices to change. On the flip side, not accepting responsibility is giving others empowerment over you. Once a person seeks their truth and lives it, inner peace and harmony is found. Life coaching helps to identify these things in a person's life. Life coaching does not see race, color, gender, or sexuality. This is why I have brought life coaching to this community.

As young gay teens, young adults, and even adults, we are faced with so much scrutiny, hatred, and discrimination. In this society, numerous negative



of this. David W. Ford taps into the person inside to find that purpose in life and maintain it through a self-gratifying and powerful way. He helps people to help themselves, realizing that they are the ones in control of their own lives and destinies.

So what brought the life of being empowered for one's benefit to the life of David W. Ford? A local protégé of Jesuit High School, David moved to California in 1967 (age two) from Wright-Patterson Airforce Base in Ohio. After Jesuit, he attended Sacramento State majoring in English, and then Willamette University College of Law. He practiced Civil Litigation and Insurance Defense. Through a few different external factors including the death of his mentor, David found that he was not happy and fulfilled in life any longer. His religion was not calling to him anymore,

and he wanted things to change. He found IPEC, which is the Institute for Professional Empowerment Coaching and through his nine month training, David also found HIMSELF once again. Not only did his professional life improve, but his personal life did as well. According to David, there are approximately 15,000 life coaches worldwide. Life coaching has been around since mid-late '90s. It is described as the "next step beyond therapy." To go along with his intelligence, sincerity, and down to earth demeanor, David also loves hip hop music (thanks to his young and vibrant wife). His favorite band is Creed (prior to the break-up). He also loves to dance, has three beautiful children (previous marriage), and loves Korean, Japanese, and Italian foods. David is now at the Law Offices of Tweedy and Holley, yet practices very little law. In coincidence,

I approached David about sharing his services with the gay and lesbian community, thinking that this could help with those struggling with their sexuality. It is funny how life works, as everything happens for a reason; at the same time I approached him, David was starting to feel that he was not reaching all

David was also turned

colleague Glenn Holley.

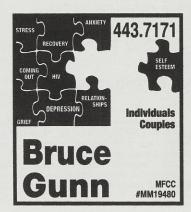
onto life coaching from his

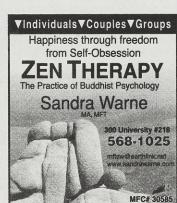
of the communities in the Sacramento area. When asked about the gay and lesbian community in relation to coaching, this is what David had to say, "...there has always seemed to be inner beauty as ugliness is thrown at the community. Yet, they appear to keep on going. thought to myself that it must be something that keeps them shining, and I would like to tap into that." I can assure this community that David knows of what he speaks, can and has touched so many lives throughout this area. His coaching techniques consist of: finding out what is working and not working, draining energy and stopping energy drains, creating a vision for life and love to be living, co-creating a plan to get there, holding light in darkness, finding out who you are, tapping into power and standing strong in it, living an authentic lifestyle (whether straight, gay, lesbian, transgender, creating an environment of not hiding who you are, then living it daily and not succumbing to societal's norms. With all of this said, David appears to have found the right coaching techniques for life.

> For more information, please visit www.davidwford.com









1614 X Street · Suite B

Off Hwy. 50 (Near Willie's Hamburger and Tower Stores)

Calendar

JULY

15 THURSDAY

Monarchs play Seattle Storm, 11: 30am, ARCO Arena, www.sacrame ntomonarchs.com 916-419-WNBA Thursday Farmers Market, 10am-2pm, Westfield Shoppingtown, www.downtownsac.org Weight Watchers, 6-6:45pm, www.lambdasac.org Circle of Friends, 7:30-9pm, www.lambdasac.org

16 FRIDAY

French Film Festival, 7/16-7/18, Crest Theater, 916-444-9390
Friday Night Concerts in the Park, 5pm-9pm, Cesar Chavez Plaza, www.downtownsac.org
"The 3rd Friday": Free Salsa Lesson, 7pm, Club 21
Youth Group, 8pm-9:30pm, www.lambdasac.org
Café Lambda, 9:30pm-12am, www.lambdasac.org

17 SATURDAY

California Storm play SF Nighthawks, 7pm, Folsom High School Stadium, www.wpsl.info/storm VIle Festival International, 7/17-7/24, Montreal, galaed@galachoruses.org Weight Watchers, 9am-10am, www.lambdasac.org Lambda Letters Board of Directors, 11am-5pm, www.lambdasac.org Tri-Ess, 7-9pm, www.lambdasac.org Café Lambda, 9:30pm-12am, www.lambdasac.org

18 SUNDAY

Monarchs play Washington Mystics, 7pm, ARCO Arena, www.sacramen tomonarchs.com 916-419-WNBA California Storm play East Bay Power, 6pm, Folsom High School Stadium, www.wpsl.info/storm Sexual Compulsives Anonymous, 5pm-6:30pm, www.lambdasac.org Women's Coming Out Group, 6pm-7:30pm, www.lambdasac.org

19 MONDAY

Lambda Law Referral Service, 5: 30pm-9pm, www.lambdasac.org Men's Coming Out Group, 6pm-7: 30pm, www.lambdasac.org Men's Discussion Group, 6:30pm-8pm, www.lambdasac.org Over The Rainbow NA Group, 8pm-9pm, www.lambdasac.org

20 TUESDAY

Tuesday Farmers Market, 10am- 2pm, Roosevelt Park, www.downtownsac.org Weight Watchers, 5pm- 5:45pm, www.lambdasac.org Survivors of Domestic Violence/ Sexual Assault, 6pm- 7pm, www.lambdasac.org Sacramento Valley Leathermen, 7: 30- 9pm, www.lambdasac.org

21 WEDNESDAY

Wednesday Farmers Market,
10am-2pm, Cesar Chavez Plaza,
www.downtownsac.org
Lambda Board Meeting, 6-8pm,
www.lambdasac.org
For Youth, By Youth GLBTQ Youth
Support Group, 6:30pm-8pm,
www.lambdasac.org
Womyn on Wednesdays, 7pm-9mp,
www.lambdasac.org
First Stages, 8-9pm,
www.lambdasac.org

22 THURSDAY

Monarchs play Phoenix Mercury, 7pm, ARCO Arena, www.sacramen tomonarchs.com 916-419-WNBA National Women's Music Festival, 7/22-7/25, Ohio State University, 317-713-1144 Thursday Farmers Market, 10am-2pm, Westfield Shoppingtown, www.downtownsac.org Weight Watchers, 6-6:45pm, www.lambdasac.org Circle of Friends, 7:30-9pm,

23 FRIDAY

www.lambdasac.org

Friday Night Concerts in the Park, 5pm- 9pm, Cesar Chavez Plaza, www.downtownsac.org
Paula Poundstone appears on CBS'
"Late Show with David Letterman", 8pm, 1010 Ulatis Drive, Vacaville, 707-449-6220
Youth Group, 8pm- 9:30pm, www.lambdasac.org
Café Lambda, 9:30pm-12am, www.lambdasac.org

24 SATURDAY

Dinner Out @ Jack's Urban
Eats, 6pm, Jack's Urban Eats,
gsac@couples-national.org
California Storm play LV Tabagators,
7pm, Folsom High School Stadium,
www.wpsl.info/storm
Rainbow Families Silent Auction/
Dinner Fundraiser, 2pm- 10pm, Uptown Studios, gsanabri@dhs.ca.gov
Miss America Transsexual Pageant,
7pm, 702-436-1055
Eppie's Great Race, 875-6640
Weight Watchers, 9am- 10am,
www.lambdasac.org
Café Lambda, 9:30pm- 12am,
www.lambdasac.org

25 SUNDAY

Monarchs play Indiana Fever, 7pm, ARCO Arena, www.sacramentomon archs.com 916-419-WNBA California Storm play Elk Grove Pride, 6pm, Folsom High School Stadium, www.wpsl.info/storm Sexual Compulsives Anonymous, 5pm-6:30pm, www.lambdasac.org Women's Coming Out Group, 6pm-7:30pm, www.lambdasac.org

26 MONDAY

Lambda Law Referral Service, 5: 30pm- 9pm, www.lambdasac.org Men's Coming Out Group, 6pm-7: 30pm, www.lambdasac.org Men's Discussion Group, 6:30pm-8pm, www.lambdasac.org Over The Rainbow NA Group, 8pm-9pm, www.lambdasac.org

27 THESDAY

Tuesday Farmers Market, 10am-2pm, Roosevelt Park, www.downtownsac.org Weight Watchers, 5pm-5:45pm, www.lambdasac.org Survivors of Domestic Violence/ Sexual Assault, 6pm-7pm, www.lambdasac.org

28 WEDNESDAY

Log Cabin Republicans of Sac meeting, 7pm, logcabinsacramento.org Wednesday Farmers Market, 10am-2pm, Cesar Chavez Plaza, www.downtownsac.org For Youth, By Youth GLBTQ Youth Support Group, 6:30pm-8pm, www.lambdasac.org Womyn on Wednesdays, 7pm-9mp,

www.lambdasac.org 29 THURSDAY

Monarchs play LA Sparks, 7pm, ARCO Arena, www.sacramentomon archs.com 916-419-WNBA Thursday Farmers Market, 10am-2pm, Westfield Shoppingtown, www.downtownsac.org

SUBMITTING CALENDAR ITEMS

The Calendar is provided as a community service and is subject to editor's discretions and availability of space. Photos may be submitted, please mail prints with SASE or E-mail hi-resolution (300 dpi) JPEGs. TIFs, or PDFs. Calendar items should be typewritten and received at least three weeks before publication. Event sponsors must be nonprofit organizations.

Please include: Name of the event *Times and dates *Event location and address

Name of sponsoring organization *Phone numbers and URL's

Send items to :MGW Newspaper: 1103 T Street • Sacramento, CA 95814 email: calendar@mgwnews.com

Weight Watchers, 6-6:45pm, www.lambdasac.org Circle of Friends, 7:30-9pm, www.lambdasac.org

30 FRIDAY

Friday Night Concerts in the Park, 5pm-9pm, Cesar Chavez Plaza, www.downtownsac.org After The Monarchs Game Party, Club 21 Youth Group, 8pm-9:30pm, www.lambdasac.org Café Lambda, 9:30pm-12am, www.lambdasac.org

31 SATURDAY

Monarchs play Charlotte Sting, 7pm, ARCO Arena, www.sacramen tomonarchs.com 916-419-WNBA Weight Watchers, 9am-10am, www.lambdasac.org Café Lambda, 9:30pm-12am, www.lambdasac.org

AUGUST

1 SUNDAY

Antique Quilt & Vintage Clothing Show, 8/1-9/30, Folsom History Museum, 985-2707 Sexual Compulsives Anonymous, 5pm-6:30pm, www.lambdasac.org Women's Coming Out Group, 6pm-7:30pm, www.lambdasac.org

2 MONDAY

All Star AIDS Benefit Concert, SF Fine Arts Theatre 415-273-1620 Lambda Law Referral Service, 5: 30pm-9pm, www.lambdasac.org Men's Coming Out Group, 6pm-7: 30pm, www.lambdasac.org Men's Discussion Group, 6:30pm-8pm, www.lambdasac.org Over The Rainbow NA Group, 8pm-9pm, www.lambdasac.org



August 19 • 11_{am} - 4_{pm} • Sacramento Convention Ctr

Health & Science Job Expo

HIREvents Career Quest

ADMISSION IS FREE. For more details, pick up this week's *California Job Journal* where you buy groceries, visit JobJournal.com, or call 800-655-JOBS.

Produced by HIREvents, a division of California lob Journal. For exhibit space information, call 916/925-0800.

3 TUESDAY

Tuesday Farmers Market, 10am-2pm, Roosevelt Park, www.downtownsac.org Weight Watchers, 5pm- 5:45pm, www.lambdasac.org Survivors of Domestic Violence/ Sexual Assault, 6pm-7pm, www.lambdasac.org

4 WEDNESDAY

Wednesday Farmers Market, 10am-2pm, Cesar Chavez Plaza, www.downtownsac.org For Youth, By Youth GLBTQ Youth Support Group, 6:30pm-8pm, www.lambdasac.org **Womyn on Wednesdays**, 7pm-9mp, www.lambdasac.org

5 THURSDAY

Thursday Farmers Market, 10am-2pm, Westfield Shoppingtown, www.downtownsac.org Weight Watchers, 6-6:45pm, www.lambdasac.org Circle of Friends, 7:30-9pm, www.lambdasac.org

6 FRIDAY

Friday Night Concerts in the Park, 5pm-9pm, Cesar Chavez Plaza, www.downtownsac.org Jam Night, Club 21 Youth Group, 8pm-9:30pm, www.lambdasac.org Café Lambda, 9:30pm-12am, www.lambdasac.org

7 SATURDAY

Coffee Out @ the True Love Café. 7pm, True Love Café, 24th & J. gsac@couples-national.org El Encuentro; LGBT Latinos Conference, 10/7-10/10, Seattle Airport Hilton, 202-408-5380 ext. 108

Sexual Compulsives Anonymous, 5pm-6:30pm, www.lambdasac.org Women's Coming Out Group, 6pm-7:30pm, www.lambdasac.org

9 MONDAY

Lambda Law Referral Service, 5: 30pm-9pm, www.lambdasac.org Men's Coming Out Group, 6pm-7: 30pm, www.lambdasac.org Men's Discussion Group, 6:30pm-8pm, www.lambdasac.org Over The Rainbow NA Group, 8pm-9pm, www.lambdasac.org

10 TUESDAY

Tuesday Farmers Market, 10am-2pm, Roosevelt Park, www.downtownsac.org Weight Watchers, 5pm- 5:45pm, www.lambdasac.org Survivors of Domestic Violence/ Sexual Assault, 6pm-7pm, www.lambdasac.org

11 WEDNESDAY

Northern Cal GSA Activist Camp, 8/11-8/13, Oakland Wednesday Farmers Market, 10am-2pm, Cesar Chavez Plaza, www.downtownsac.org For Youth, By Youth GLBTQ Youth Support Group, 6:30pm-8pm, www.lambdasac.org **Womyn on Wednesdays**, 7pm-9mp, www.lambdasac.org

12 THURSDAY

Thursday Farmers Market, 10am-2pm, Westfield Shoppingtown, www.downtownsac.org Weight Watchers, 6-6:45pm, www.lambdasac.org Circle of Friends, 7:30-9pm, www.lambdasac.org

Leatherboy Regional Contest, 8/13-8/15, Guerneville, 916-442-0666 Youth Group, 8pm-9:30pm, www.lambdasac.org Café Lambda, 9:30pm-12am, www.lambdasac.org

14 SATURDAY

GSAC General Meeting, 7pm, gsac@couples-national.org

15 SUNDAY

Sexual Compulsives Anonymous, 5pm- 6:30pm, www.lambdasac.org Women's Coming Out Group, opm-7:30pm, www.lambdasac.org

16 MONDAY

Lambda Law Referral Service, 5: 30pm- 9pm, www.lambdasac.org Men's Coming Out Group, 6pm-7 30pm, www.lambdasac.org Men's Discussion Group, 6:30pm-8pm, www.lambdasac.org Over The Rainbow NA Group, 8pm-9pm, www.lambdasac.org

17 TUESDAY

Tuesday Farmers Market, 10am-2pm, Roosevelt Park, www.downtownsac.org Weight Watchers, 5pm-5:45pm, www.lambdasac.org Survivors of Domestic Violence/ Sexual Assault, 6pm-7pm, www.lambdasac.org

18 WEDNESDAY

Wednesday Farmers Market, 10am-2pm, Cesar Chavez Plaza, www.downtownsac.org For Youth, By Youth GLBTQ Youth Support Group, 6:30pm-8pm, www.lambdasac.org Womyn on Wednesdays, 7pm-9mp, www.lambdasac.org

MASTER EVENTS CALENDAR

Palm Springs Intl. Film Festival , www.palm-springs.org Sacramento Freedom Fair, 442-0185 Los Angeles Pride Parade, www.lapride.org San Francisco Pride Parade, 415-864-0831, sfpride.org January8-9,2004 June 5 , 2004 June 22, 2004 June 28-29, 2004 San Francisco Friale Parade, 413-804-0831, stpride.org
Michigan Womyn's Music Festival, 231-757-4766.
Provincetown GLBT Family Week, 619-296-0199, familypride.org
Sacramento Sierra Stampede, 978-4040
Strawberry Music Festival strawberrymusic.com August 2004 August 2004 August 2004 August 2004 August 28-September 1, 2004 Sacramento Rainbow Festival 2003, 448-7798
Folsom Street Fair San Francisco Labor Day Weekend September 2004 September 2004 Folsom Street Fair San Francisco Chico Pride Festival, chicopride2001@hotmail.com Sacramento Valley Aids Walk Palm Springs Short Film Festival, www.palm-springs.org S.F. Castro Street Fair, 415-467-3354 September 2004 September 2004 October 2004 National Coming Out Day
Breast Cancer Awareness Month
Out on Film-GLBT Film Festival, www.palm-springs.org October 2004 October 2004 October 2004 Greater Palm Springs Pride, www.palm-springs.org California Domestic Partners Law Anniversary S.F. Harvey Milk and George Moscone Killed November 5-6, 2004 November 16, 2002 November 27, 1978

ART GALLERIES

20th Street Art Gallery 911 20th St., 930-0500,

911 20th St., 930-0500, www.20thstart.com BAMPFA Matrix 212: Eija-Liisa Ahtila Inten-tion to Fail, July 11 thru August 5 2625 Durant Avenue #2250, Berkely, 510-642-0808 Chroma Gallery American River Scenes, thru July 4; The Colors of Freedom, July 10 thru August 8

thru August 8 10030 Fair Oaks Blvd., Fair Oaks,

10030 Fair Oaks Blvd., Fair Oaks, 966-6020 www.thechromagallery.com Crocker Art Museum
San Francisco & The Second Wave, thru July 11; The Blair Collection of Abstract Expressionism, thru July 11; Nenoir & His Circle: Works From An Intimate Collection, thru July 11; Humanimals and their Kin: The Art of Gerold Heffernon, thru August 22; Mongolian Art: A Living Landscape, July 31 thru October 3; Indian Minicitures, July 31 thru October 3; Indian Minicitures, July 31 thru October 3; Drawing in Italy from 1550 - 1650, September 11 thru November 7; Edward Weston: Life Work, November 20 thru Janúary 30, 2005
216 O Street, www.crockerartmuseum.org Exploding Head Gallery
If Only They Could Talk, thru July 3 924 12th 5t, 442-8424
Hang Art 567 8, 447-84824

Hang Art 556 & 567 Sutter Street, SF 415-434-4264

John Natsoulas Gallery
Boyd Gavin: Paintings, hru July 4
521 First St., Davis, 530-756-3938
Legion of Honor
Art Deco: 1910-1939, hru July
4, Between Promise & Reality: The
Photographs of Adi Nes, thru July
18; Photo-Image in American Prints
1960-1990, hru July 18
100 34th Ave., SF 415-750-3614
Lola Gallery

100 34th Ave., SF 415-750-3614
Lola Gallery
San Francisco Safari, thru July 17
2517 Mission St., Second Floor, SF,
415-401-6800
Northern California Arts, Inc
Bald Expressions, September 28
thru October 17
530-B Gibbons Drive, 971-3713
Phoenix Gallery
1739 L Street, 447-1632
Richard L. Nelson Gallery
Robert Arneson: The Palace at 9
AM, thru October 8
One Shields Avenue, Davis, 530752-0522
SF MOMA

SF MOMA
Larry Sultan: The Valley, thru
August 1; Matisse and Beyond: The
Painting & Sculpture Collection,
starts July 1; Between Art & Life:
The Contemporary Painting and
Sculpture Collection, starts July 1;
New Work: Evan Holloway & Dave
Muller, July 1 thru October 24
151 Third Street, SF, 415-357-4000
Solomon Dubnick
M.R. Chase: On My Mind: Stored
Thoughts, Wanderinas and Thoughts, Wanderings and Daydreams, thru July 3; Cynthia

Hurley: Wetness/Dryness, thru July 3; New Still Life by Jian Wang: Lost in the Moment, thru July 3; Surface & Element, July 8 thru July 31, reception July 10; Laurie Winthers; Quief Spaces, July 8 thru July 31, reception July 10; New Work by Alan Post, August 5 thru September 4, reception August 14 2131 Northrop Ave., 920-4547 State Capited Building Basement Gallery 415-641-4636 Tower Framing & Design

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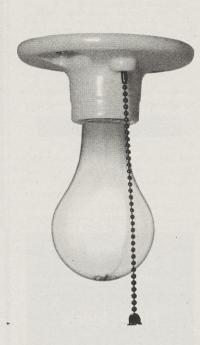
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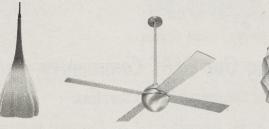
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Entertainmen

Quinton" continued from page 15

a very strong gay voice where it rocked the world and called a spade a spade in many instances. So I'm very grateful to be part of that even though I came to it later, towards the end of the '70s. [The Ridiculous Theater Company] was founded in 1967, and I came in 1976. I had the sense of being in these wild plays, very dramatic but also very funny.

HC: You've had colorful life experiences, but are there any that stand out?

EQ: In '96, The Ridiculous ended. I had been the artistic director after Charles died, and I stayed at The Ridiculous for 21 years. I became a writer, I became a director; at one point, I was the resident costume designer. I had a very full life at The Ridiculous. I did a lot and I learned a lot and benefited a lot in more ways than you'll know. Then we could not keep going, the money was always a major nightmare, so I decided I had to leave. I had been a big fish in a little pond. I had gotten a lot of recognition and was pretty well respected in The Ridiculous Theatrical Company. I had my whole identity tied up in that, and then it crumbled and I had a while where I was totally at sea. I have a reputation for being too broad as an actor, so then I would go into auditions and try not to be broad, and then they

would tell me to be broad, and then I couldn't be what they thought my broadness was. I started to get a little afraid, and then I just, for one reason or another, calmed down. Then I got strokes of luck. I got to direct at the Omaha Theater Company for Young People. I got a grant to go there and direct four plays and teach some classes, and that was heaven. What I've found is that there's a certain chauvinism. You think New York is it-the be all and end all because all the kids want to come there and start their careers and it's very wonderful. I've found in these last ten years of going all over the place on a regular basis is that there's this wonderful world outside of New York doing wonderful things, and that's great. It's great for our culture. I'm going now to be in a play at the Zachary Scott Theater in Austin, Texas when I'm done [in San Jose]. I go down there on July 22, and it's because two years ago, they gave me an opportunity to do one of my one person shows down there and it was at a time when I couldn't get a job. And then I got a call out of the blue to go down there and I did a one person Oliver Twist, and they produced it for me, and I had nice success with it. And then I went to Seattle with it right after that. [They were] these great little gifts from the universe, and then they invited me back to be in this play

until September. I got to see London. There was a point when I would work in London once a year for four years. It was great.

HC: You're seen as a role model. What does that status mean to you?

EQ: I don't know that that's true, but if it is true, then the role I want to play is just to be myself in all the things I do. If I'm a role model, then we should put in this article [that people] should use condoms. That's the thing we need to push.

HC: (I laugh). That is pushed, isn't it?

EQ: Not pushed enough. It's a nasty little concerted effort by the right wing here in this county to not have an adequate sex education. I think at every opportunity, this is the thing that needs to be said the most, especially in the gay community. Hetero #1's are the good heteros and Hetero #2's are the bad heteros. The Hetero #2's don't give a shit about us and what we do and what hurts us, and they would be happy to help us hurt ourselves. They won't let us have an adequate sex education in this country. The TV and the radio should be inundated with condom ads. It should be all over the place. It would save hetero lives and homo lives, and until that happens, the

threat is not going to go away. I think the biggest issue for us is safe sex. It's not just a gay issue; it's an issue for every sexually active person in the world to not chow down without a raincoat and to keep Saran wrap by the bed.

HC: When you were a little kid, did you know you wanted to be an

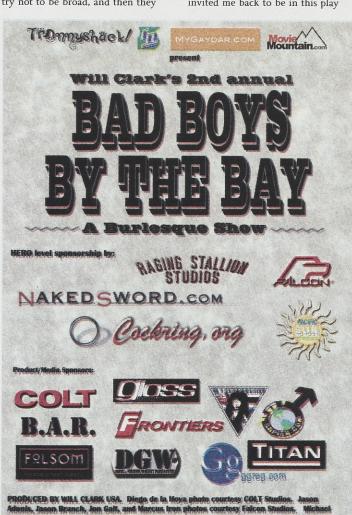
EQ: I did, but I didn't realize it until I was older. I thought I was nuts. You know when you're a little queer kid that people hate you for no reason. I always thought I was nuts. I didn't know that I was aspiring to be an actor. I would go in the bathroom and wrap myself in towels and be Bette Davis and be having a ball in the bathroom in my world. Because I knew I was queer and I knew I had no allies at the time, I thought I was nuts. I thought, 'I'd better just keep it to myself." When I started acting, I thought, "wow." The boys would make fun of me because I played with the girls and I played with their dolls and I would be called a faggot and a sissy and I didn't know how to defend myself. The first award I got was for costuming a show, and I thought, "This is for all you fuckers that put me down.'

HC: If you hadn't pursued acting, where do you think you'd be right

EQ: Oh God, it's the only thing I could do. Once, I tried being a hustler, and that didn't work. I went one night to be a hustler, and standing there on the street, I thought, "I can't do this. I don't know what the hell I'm doing." And these three queens came by and said, "Beat it, honey. The cops are coming." That ended my career as a hustler. So I don't know what I would do. Thank God I never had to figure that one out.

HC: If you could go back in time, what's one thing you would change in your life, if anything?

EQ: It's hard to say because we are the sum of our experiences. So, I am a lot of times an asshole. And I am also, a lot of times, a very loving and compassionate person. So I don't really want to change anything that I am right now. I suppose, maybe any time I was ever mean to anyone, I would like to take that back. But again, we are the sum of our good parts and our bad parts, and it's a struggle to maintain good relations in the world with that. the world with that.



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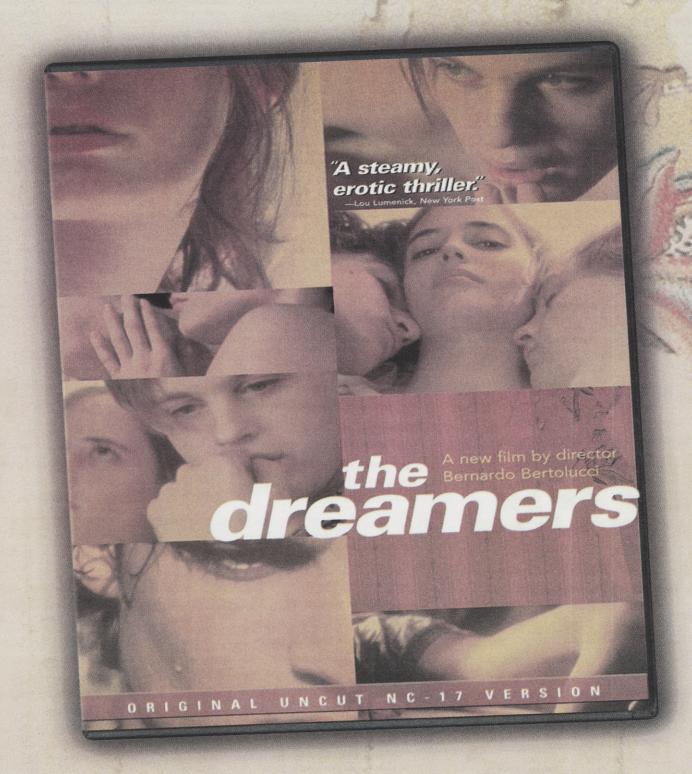






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